

GLOW UP Week 1: With The Artist

Day 1: Encountering God's Presence

Reading: Exodus 34:29-35

Devotional: Moses' face radiated after encountering God on Mount Sinai. This physical transformation mirrored the internal change that occurs when we truly meet with God. Today, reflect on your own encounters with God. How has His presence changed you? Are you actively seeking time in His presence? Remember, just as Moses' face shone, our lives can radiate God's glory when we consistently meet with Him. Challenge yourself to create intentional moments of encounter with God daily, even if it's just a few minutes before getting out of bed.

Day 2: Embracing Your Worth in God

Reading: Zechariah 2:8, Psalm 139:13-18

Devotional: "For whoever touches you touches the apple of his eye." These words from Zechariah reveal how precious we are to God. Often, we struggle with feelings of unworthiness or insignificance. But God sees us differently. He knows every hair on our head and every tear we've cried. Today, meditate on your worth in God's eyes. How might your life change if you truly believed you were the apple of God's eye? Practice speaking this truth to yourself, and let it shape your interactions with others and your approach to challenges.

Day 3: The Power of God's Word

Reading: Psalm 119:9-16, Hebrews 4:12-13

Devotional: The Psalmist speaks of hiding God's word in his heart to avoid sin. This isn't about mere memorization, but about internalizing God's truth so deeply that it shapes our thoughts, decisions, and actions. Consider how you engage with Scripture. Are you reading for depth or just distance? Today, choose a short passage and spend time truly meditating on it. Ask God to reveal new insights and how you can apply His word to your life. Remember, the goal isn't just knowledge, but transformation.

Day 4: Confident Prayer

Reading: 1 John 5:14-15, Philippians 4:6-7

Devotional: Prayer isn't just a religious duty; it's an invitation to communicate with the God of the universe. John reminds us that we can approach God with confidence, knowing He hears us. This confidence isn't based on our eloquence or worthiness, but on God's character and promises. Reflect on your prayer life. Do you pray with expectation? Today, practice coming to God with both boldness and surrender. Share your heart openly, but also listen for His voice. Remember, prayer is a two-way conversation that can transform your perspective and bring peace beyond understanding.

Day 5: Shining God's Light

Reading: Matthew 5:14-16, Ephesians 5:8-14

Devotional: Jesus calls us to be the light of the world, not hiding our faith but letting it shine brightly. This "spiritual glow-up" isn't about perfection, but about allowing God's transforming work in our lives to be visible to others. How are you currently letting your light shine? Are there

areas where you've been hesitant to live out your faith boldly? Today, ask God for opportunities to demonstrate His love and truth to those around you. Remember, your changed life might be the very thing that draws someone else to encounter God's transforming presence.